



# SIA ACADEMY CHRISTMAS CAMP

December 26th – 30th / January 2nd – 6th  
2023 - 2024



# **SIA ACADEMY EMPOWER YOUR INNER PLAYER**

SIA Academy is a high-performance football academy whose purpose is to provide an outstanding integral program to young talents, giving them access to the best resources and opportunities to **empower their inner players** to become professionals.

An international initiative that combines sport, education, sports medicine, and innovative technology, in an ideal context that optimizes the performance of players, coaches and teams; promoting an inclusive and respectful environment, committed to help them create their future as athletes and furthermore as human beings.

Since 2015

**+2500** Players formed

**+75** Nationalities



**COUNTRIES**

Europe  
Asia  
América  
Oceanía  
África





Located in Enguera, 40 kms from Valencia city center



Valencia ranked as the world's best city to live and work according to Fobes, due to pretty beaches, buzzing food scene, and rich culture



Great weather and chanes to develop nature activities, as well as touristic activities including visits and trainings in first división teams stadium

# **SIA CENTER OWN FACILITIES**





## FOOTBALL FIELDS

- ✓ Natural Grass field F11(FIFA official measures)
- ✓ Small natural grass field - goalkeepers and tecnification
- ✓ Artificial grass field F11. 3G synthetic surface technology
- ✓ Certified LED lighting for sport practice.
- ✓ 7 changing rooms completely equiped.



## RESTAURANT

- ✓ Available for everyday meals
- ✓ Food prepared by nutricionist guidance
- ✓ Location with great view to pitches
- ✓ Chill - out rooftop



## RESIDENCY

- ✓ Single and double rooms with bathroom, air conditioner, TV and wardrobe included.
- ✓ Professional and semi profesional players rooms
- ✓ Cleaning service and laundry.
- ✓ 24 hours security, cameras and video surveillance system.



## GYM

- ✓ Sports gym for players.
- ✓ Equiped with fitness machines and technology.
- ✓ Physical trainer support for personalized routines if needed.



## SPORTS CLINIC

- ✓ Clinic area ready for any injury or problem that might occur.
- ✓ Partnership with 2 clinics of the area to offer the best medical service.



## STUDY AND MEETING ROOMS

- ✓ Study room oriented to academic responsibilities
- ✓ Open lounge available for academic purposes





## PLAY ROOM

- ✓ Tennis and pool tables.
- ✓ TV screen with wide range of channels and transmisión of all football and sports games.
- ✓ Relax room with sofas and TV screen.



## SWIMMING AND RECOVERY POOLS

- ✓ Located beside the natural Grass pitch, used for leaisure and recovery.

# FOOTBALL PROGRAM



Boys and girls  
14 to 22 years old



Improve football skills  
with high-performance  
quality



December 26<sup>th</sup> – 30<sup>th</sup>  
January 2<sup>nd</sup> – 6<sup>th</sup>  
Choose 1 or 2 weeks

# WEEKLY PROGRAM

- ✓ 13 training sessions
- ✓ Physical training
- ✓ Anthropometric data
- ✓ Video Analysis
- ✓ Workshops
- ✓ Coach interviews



# METHODOLOGY

- ✓ The player as the principal character of the development
- ✓ Adapted to each player's age and level

Nutrition and Sports  
Psychology

Injury prevention and  
recovery



Individual and team  
training

Physical training  
and education

Video Analysis

## PHYSICAL TRAINING



## NUTRICIONIST



## VIDEO ANALYSIS



## WORKSHOPS





# SIA STAFF

## COACHES

- ✓ Coaches with UEFA PRO licences
- ✓ Bachelors in physical activity and sports
- ✓ Trainings in english and spanish
- ✓ Experience in first division european clubs

## SPORTS SPECIALISTS

- ✓ Physical Trainer
- ✓ Nutritionist
- ✓ Sport Psychologist
- ✓ Physioterapist
- ✓ Sports Clinic and Doctor

## RESIDENCY

- ✓ Academy Director
- ✓ Residency Coordinator
- ✓ 24/7 Academy tutors





# SCHEDULE

HOURS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:10H – 8:30H	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
8:30H – 9:00H	PERSONAL HYGIENE & ROOM ORGANIZATION				
9:00H – 10:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION & DIPLOMAS
10:30H – 11:00H	SNACK				
11:00H – 12:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	PLAYERS CHECK-OUT
12:30H – 13:30H	POOL	POOL	POOL	POOL	
13:30H – 14:00H	LUNCH TIME	LUNCH TIME	LUNCH TIME	LUNCH TIME	
14:00H – 15:30H	BREAK				
15:30h – 16:15h	NUTRITION CLASS	WORKSHOP	COACH INTERVIEWS	VIDEO ANALYSIS	
16:15H – 17:00H	ACADEMY TOUR			PSYCHOLOGY	
17:00H – 17:30H	SNACK				
17:30H – 19:00H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION & DIPLOMAS	
20:00H – 20.30H	GAMES - LEISURE				
20:30H – 21:30H	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	
22:30H	ROOM AND REST TIME				

Example of weekly schedule, could vary according to the academy considerations.



**sia** academy



SIA ACADEMY CHRISTMAS CAMP 2023



# PROGRAM AND FEES

## FOOTBALL PROGRAM

- ✓ Football program from Tuesday 8:30 am to Saturday 12:00 pm
- ✓ 13 Training Sessions
- ✓ 2 Training Kits
- ✓ SIA Academy Facilities
- ✓ Tutors 24 hours / day
- ✓ Certificate of Completion

## ACCOMODATION

- ✓ Full board
- ✓ Double Rooms
- ✓ 5 Meals Included
- ✓ Laundry service
- ✓ Room Cleaning

## EXTRA SERVICES

Extra night or day after campus	75€*
Valencia Airport pick up	120€
Valencia Airport drop off	120€
Alicante Airport pick up	200€
Alicante Airport drop off	200€



# PROGRAM AND FEES

## FEES PER WEEK

1 WEEK	800€
2 WEEKS	1875€

## DATES

December 26th – 30th  
January 2nd – 6th

## IMPORTANT INFORMATION

- ✓ The weeks are from Tuesday to Saturday, in case of choosing 2 consecutive weeks, it will be from Tuesday to the following Saturday, therefore, Saturday afternoon, Sunday, and Monday between the 2 weeks would be included.
- ✓ In case you want to contract more than 2 weeks, please contact us by phone or email.
- ✓ \*10% discount for former participants or for siblings
- ✓ \*\*Non-cumulative discounts

# CANCELATION POLICY

- ✓ There is no right of refund.
- ✓ In case the participant is unable to attend to the program, he/she will be able to exchange it with another campus organized by Soccer Inter-Action.
- ✓ The organization is exempt from any responsibility regarding the health condition of the participant, since Soccer Inter-Action will ensure the correct compliance of the stipulated protocol.





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