

EMPOWER

SIA ACADEMY EASTER CAMP

APRIL 14 - 26
2025



SIA ACADEMY EMPOWER YOUR INNER PLAYER

SIA Academy is a high-performance football academy whose purpose is to provide an outstanding integral program to young talents, giving them access to the best resources and opportunities to empower their inner players to become professionals.

An international initiative that combines sport, education, sports medicine, and innovative technology, in an ideal context that optimizes the performance of players, coaches and teams; promoting an inclusive and respectful environment, committed to helping them create their future as athletes and furthermore as human beings.



Since 2015

+5000 Players formed

+75 Nationalities

CONTINENTS

- Europe
- Asia
- América
- Oceanía
- África





OUR LOCATION

Located in Enguera, 40 kms from Valencia city center

Valencia is ranked as the world's best city to live and work in, according to Fobes, due to its pretty beaches, buzzing food scene, and rich culture

- ✓ Great weather
- ✓ Explore nature
- ✓ First division stadiums
- ✓ Tourist activities



SIA ACADEMY ELITE FACILITIES





FOOTBALL FIELDS

- ✓ Natural Grass field F11 (FIFA official measures)
- ✓ Small natural grass field - goalkeepers and technical training
- ✓ Artificial grass field F11. 3G synthetic surface technology
- ✓ Certified LED lighting for sports practice
- ✓ 7 changing rooms completely equipped



RESTAURANT

- ✓ Available for everyday meals
- ✓ Food prepared with the guidance of a nutritionists
- ✓ Location with great view of the pitches
- ✓ Relaxing terrace



RESIDENCY

- ✓ Rooms with a single or double bed, bathroom, air conditioner, TV and wardrobe included.
- ✓ Professional and semi profesional players rooms
- ✓ Cleaning service and laundry.
- ✓ 24 hours security, cameras and video surveillance system.



GYM

- ✓ Sports gym for players.
- ✓ Equiped with fitness machines and technology.
- ✓ Physical trainer support for personalized routines if needed.



SPORTS CLINIC

- ✓ Clinic area ready for any injury or problem that might occur.
- ✓ Partnership with 2 clinics of the area to offer the best medical service.



STUDY AND MEETING ROOMS

- ✓ Study room oriented to academic responsibilities
- ✓ Open lounge available for academic purposes



PLAY ROOM

- ✓ Table tennis and pool tables.
- ✓ TV screen with wide range of channels and transmission of all football and sports games.
- ✓ Relax room with sofas and TV screen.



SWIMMING AND RECOVERY POOLS

- ✓ Located beside the natural Grass pitch, used for leisure and recovery.

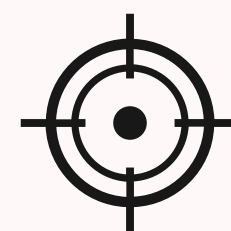
FOOTBALL PROGRAM





FOR BOYS AND GIRLS

Ages 14 to 22



HIGH PERFORMANCE QUALITY

Improve your individual football skills with expert training



APRIL 14 TO 26

Choice between participating for one or two weeks plus an international tournament



WEEKLY PROGRAM

- ✓ 16 weekly training session
- ✓ Physical training
- ✓ Anthropometric data
- ✓ Video analysis
- ✓ Football workshops
- ✓ Individual coach interviews





OUR METHODOLOGY

We adapt our trainings according to each players age and skill level. This way it ensures that the player is always the principle character of development. Our methodology is based on the Spanish Game Methodology and focuses on tactical periodization.

Each camp focuses on:

- ✓ Individual and team training
- ✓ Physical training and education
- ✓ Video analysis
- ✓ Injury prevention and recovery
- ✓ Nutrition and sports psychology

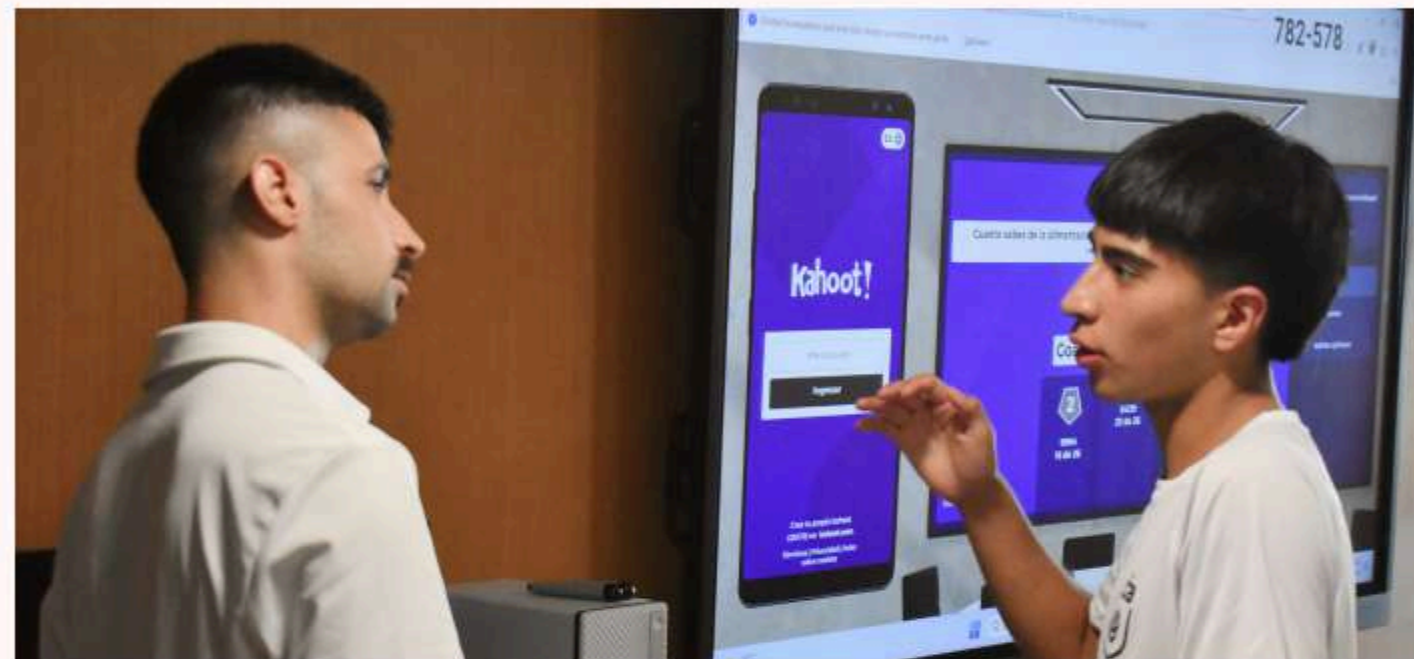




PHYSICAL TRAINING



NUTRICIONIST



VIDEO ANALYSIS



WORKSHOPS





SIA STAFF

SIA coaches:

- ✓ Coaches with UEFA PRO licences
- ✓ Bachelors in physical activity and sports
- ✓ Trainings in English and Spanish
- ✓ Experience in first division european clubs

Sport Specialists

- ✓ Physical trainer
- ✓ Sports psychologist
- ✓ Sports clinic & doctor
- ✓ Nutritionist
- ✓ Physioterapist





SCHEDULE

| SIA Academy Easter Camp 2025 | | | | | | | | | | | | | | | | | | | | | | |
|------------------------------|---------------|-----------|-----|----|--|----|----|----|----|----|----|----|----|-----------|--|--|--------------|----------|-----|----------|----------|----------|
| Hour | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | | | | | | | | |
| 8:00 - 8:30 | | Breakfast | | | Marenostrum Tournament in Salou Catalunia | | | | | | | | | Breakfast | | | | | | | | |
| 8:30 - 9:30 | | | | | | | | | | | | | | | | | | | | | | |
| 9:30 - 10:30 | Facility Tour | Training | Gym | | | | | | | | | | | | | | Gym | Training | Gym | Training | Gym | Training |
| 10:30 - 11:00 | Snack | | | | | | | | | | | | | | | | Snack | | | | | |
| 11:00 - 12:00 | Training | | | | | | | | | | | | | | | | Training | | | | Send Off | |
| 12:30 - 13:30 | | Workshop | | | | | | | | | | | | | | | Workshop | | | | | |
| 13:30 - 14:30 | Lunch | | | | | | | | | | | | | | | | Lunch | | | | | |
| 14:30 - 17:30 | Break | | | | | | | | | | | | | | | | Break | | | | | |
| 17:30 - 18:30 | Training | | | | | | | | | | | | | | | | Training | | | | | |
| 18:30 - 19:00 | Snack | | | | | | | | | | | | | | | | Snack | | | | | |
| 19:00 - 20:30 | Shower/Break | | | | | | | | | | | | | | | | Shower/Break | | | | | |
| 20:30 - 21:30 | Dinner | | | | | | | | | | | | | | | | Dinner | | | | | |
| 22:30 | Sleep | | | | | | | | | | | | | | | | Sleep | | | | | |

Example of a weekly schedule, could vary according to the academy considerations.

MARENOSTRUM CUP INTERNATIONAL TOURNAMENT

April 17 - 20

Mare Nostrum Cup is a grassroots soccer tournament that offers you the chance to celebrate Easter in a unique and special way with your teammates.

This grassroots soccer tournament has a brilliant line-up of teams from all over Spain and internationally, who come together for 4 days to share experiences that you will never forget for the rest of your life.





TOURNAMENT SCHEDULE

| | Thursday | Friday | Saturday | Sunday |
|-----------|---|-----------------------------|--|--|
| Morning | | Group Stage First Match | Group Stage Third Match | Finals Closing and Awards Ceremony |
| Afternoon | Check in, inaugural parade in the promenade of Salou | Group Stage Second Match | Final Stage Silver Phase and Consolation | |



TOURNAMENT LOCATION

Mediterranean Sport Village

Located in the Futbol Salou sports center, they have 11 11-a-side soccer fields, approved by UEFA and FIFA, including 4 natural grass fields and 7 artificial turf fields.

Where are we staying?

4-star hotel near the tournament facilities.

What does it include?

- ✓ Full board at 4 star hotel
- ✓ Tournament participation and transfer
- ✓ Medal and welcome kit for all participants
- ✓ Bus transfer SIA ACADEMY - Salou - SIA ACADEMY



PROGRAM AND ACCOMODATION

The Program

- Football program from Monday 8:30 am to Saturday 12:00 pm
- 16 Training Sessions
- 2 Training Kits
- Access to SIA Academy Facilities
- Tutors 24 hours / day
- Certificate of Completion

Accomodations

- Full board
- Double Rooms
- 5 daily meals included
- Laundry Service
- Room Cleaning



PROGRAM FEES

Fees per Week

- Week One With/Without Tournament 995€
- Week 2 No Tournament 995€
- Tournament + Week 2 1545€
- Week 1 + Week 2 With/Without Tournament 1905€

Extra Services

- Extra night or day after campus 90€
- Valencia Airport pick up 120€
- Valencia Airport drop off 120€
- Alicante Airport pick up 200€
- Alicante Airport drop off 200€



DATES AND INFORMATION

Dates

- Week 1 April 14 - 19
- Tournament April 17 - 20
- Week 2 April 21 - 26

Important Information

- The weeks are from Monday to Saturday, in case of choosing 2 consecutive weeks, it will be from Monday to the following Saturday, therefore, Saturday afternoon to Sunday between the 2 weeks would be included.
- In case you want to contract more than 2 weeks, please contact us by phone or email.
- *10% discount for former participants or for siblings
- **Non-cumulative discounts



CANCELATION POLICY

- There is no rights to refund.
- In case the participant is unable to attend the program, they will be able to exchange it with another campus organized by Soccer Inter-Action.
- The organization is exempt from any responsibility regarding the health condition of the participant, since Soccer Inter-Action will ensure the correct compliance of the stipulated protocol.



All our information was carefully selected and provided from
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We are at your disposal for any inquiries
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