



SIA ACADEMY WINTER CAMP

January 15th – February 17th
2024



SIA ACADEMY EMPOWER YOUR INNER PLAYER

SIA Academy is a high-performance football academy whose purpose is to provide an outstanding integral program to young talents, giving them access to the best resources and opportunities to **empower their inner players** to become professionals.

An international initiative that combines sport, education, sports medicine, and innovative technology, in an ideal context that optimizes the performance of players, coaches and teams; promoting an inclusive and respectful environment, committed to help them create their future as athletes and furthermore as human beings.

Since 2015

+2500 Players formed

+75 Nationalities



COUNTRIES

Europe
Asia
América
Oceanía
África



Located in Enguera, 40 kms from Valencia city center



Valencia ranked as the world's best city to live and work according to Fobes, due to pretty beaches, buzzing food scene, and rich culture



Great weather and chances to develop nature activities, as well as touristic activities including visits and trainings in first division teams stadium

SIA CENTER OWN FACILITIES



FOOTBALL FIELDS

- ✓ Natural Grass field F11(FIFA official measures)
- ✓ Small natural grass field - goalkeepers and tecnification
- ✓ Artificial grass field F11. 3G synthetic surface technology
- ✓ Certified LED lighting for sport practice.
- ✓ 7 changing rooms completely equiped.



RESTAURANT

- ✓ Available for everyday meals
- ✓ Food prepared by nutricionist guidance
- ✓ Location with great view to pitches
- ✓ Chill - out rooftop



RESIDENCY

- ✓ Single and double rooms with bathroom, air conditioner, TV and wardrobe included.
- ✓ Professional and semi profesional players rooms
- ✓ Cleaning service and laundry.
- ✓ 24 hours security, cameras and video surveillance system.



GYM

- ✓ Sports gym for players.
- ✓ Equiped with fitness machines and technology.
- ✓ Physical trainer support for personalized routines if needed.



SPORTS CLINIC

- ✓ Clinic area ready for any injury or problem that might occur.
- ✓ Partnership with 2 clinics of the area to offer the best medical service.



STUDY AND MEETING ROOMS

- ✓ Study room oriented to academic responsibilities
- ✓ Open lounge available for academic purposes



PLAY ROOM

- ✓ Tennis and pool tables.
- ✓ TV screen with wide range of channels and transmisión of all football and sports games.
- ✓ Relax room with sofas and TV screen.



SWIMMING AND RECOVERY POOLS

- ✓ Located beside the natural Grass pitch, used for leaisure and recovery.

FOOTBALL PROGRAM



Boys and girls
14 to 22 years old



Improve football skills
with high-performance
quality



January 15th –February 17th
Choose 1 or several weeks

WEEKLY PROGRAM

- ✓ 16 training sessions
- ✓ Physical training
- ✓ Anthropometric data
- ✓ Video Analysis
- ✓ Workshops
- ✓ Coach interviews

METHODOLOGY

- ✓ The player as the principal character of the development
- ✓ Adapted to each player's age and level

Nutrition and Sports
Psychology

Injury prevention and
recovery



Individual and team
training

Physical training
and education

Video Analysis

PHYSICAL TRAINING



NUTRICIONIST



VIDEO ANALYSIS



WORKSHOPS



SIA STAFF

COACHES

- ✓ Coaches with UEFA PRO licences
- ✓ Bachelors in physical activity and sports
- ✓ Trainings in english and spanish
- ✓ Experience in first division european clubs

SPORTS SPECIALISTS

- ✓ Physical Trainer
- ✓ Nutritionist
- ✓ Sport Psychologist
- ✓ Physioterapist
- ✓ Sports Clinic and Doctor

RESIDENCY

- ✓ Academy Director
- ✓ Residency Coordinator
- ✓ 24/7 Academy tutors



SCHEDULE

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:10H – 8:30H	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
8:30H – 9:00H	PERSONAL HYGIENE & ROOM ORGANIZATION					
9:00H – 10:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TEAMS COMPETITION
10:30H – 11:00H	SNACK					
11:00H – 12:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	PLAYERS CHECK-OUT
12:30H – 13:30H	POOL	POOL	POOL	POOL	POOL	WEEKEND ACTIVITY & BREAK
13:30H – 14:00H	LUNCH TIME	LUNCH TIME	LUNCH TIME	LUNCH TIME	LUNCH TIME	
14:00H – 15:30H	BREAK					
15:30h – 16:15h	NUTRITION CLASS	WORKSHOP	COACH INTERVIEWS	VIDEO ANALYSIS	LUDIC ACTIVITY	
16:15H – 17:00H	ACADEMY TOUR			PSYCHOLOGY		
17:00H – 17:30H	SNACK					
17:30H – 19:00H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TEAMS COMPETITION, CLOSING CEREMONY	
20:00H – 20.30H	GAMES - LEISURE					
20:30H – 21:30H	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	
22:30H	ROOM AND REST TIME					

Example of weekly schedule, could vary according to the academy considerations.



PROGRAM AND FEES

FOOTBALL PROGRAM

- ✓ Football program from Monday 8:30 am to Saturday 12:00 pm
- ✓ 16 Training Sessions
- ✓ 2 Training Kits
- ✓ SIA Academy Facilities
- ✓ Tutors 24 hours / day
- ✓ Certificate of Completion

ACCOMODATION

- ✓ Full board
- ✓ Double Rooms
- ✓ 5 Meals Included
- ✓ Laundry service
- ✓ Room Cleaning

EXTRA SERVICES

Extra night or day after campus	75€
Valencia Airport pick up	120€
Valencia Airport drop off	120€
Alicante Airport pick up	200€
Alicante Airport drop off	200€

PROGRAM AND FEES

FEES PER WEEK

1 WEEK	995€
2 WEEKS	2090€
3 WEEK	3150€
4 WEEKS	4200€
5 WEEKS	5200€

DATES

- January 15th – 20th
- January 22nd – 27th
- January 29th – February 3rd
- February 5th – 10th
- February 12th – 17th

IMPORTANT INFORMATION

- ✓ The weeks are from Monday to Saturday, in case of choosing 2 consecutive weeks, it will be from Monday to the following Saturday, therefore, Saturday afternoon to Sunday between the 2 weeks would be included.
- ✓ In case you want to contract more than 2 weeks, please contact us by phone or email.
- ✓ *10% discount for former participants or for siblings
- ✓ **Non-cumulative discounts

CANCELATION POLICY

- ✓ There is no right of refund.
- ✓ In case the participant is unable to attend to the program, he/she will be able to exchange it with another campus organized by Soccer Inter-Action.
- ✓ The organization is exempt from any responsibility regarding the health condition of the participant, since Soccer Inter-Action will ensure the correct compliance of the stipulated protocol.





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