



SIA ACADEMY WINTER CAMP

January 6th – February 8th
2025



SIA ACADEMY

EMPOWER YOUR INNER PLAYER

SIA Academy is a high-performance football academy whose purpose is to provide an outstanding integral program to young talents, giving them access to the best resources and opportunities to **empower their inner players** to become professionals.

An international initiative that combines sport, education, sports medicine, and innovative technology, in an ideal context that optimizes the performance of players, coaches and teams; promoting an inclusive and respectful environment, committed to helping them create their future as athletes and furthermore as human beings.

Since 2015

+2500 Players formed

+75 Nationalities



COUNTRIES

- Europe
- Asia
- América
- Oceanía
- África



Located in Enguera, 40 kms from Valencia city center



Valencia is ranked as the world's best city to live and work in, according to Fobes, due to its pretty beaches, buzzing food scene, and rich culture



Great weather and chances to explore nature, as well as touristic activities including visits and trainings in first division team stadiums

SIA ACADEMY ELITE FACILITIES



FOOTBALL FIELDS

- ✓ Natural Grass field F11 (FIFA official measures)
- ✓ Small natural grass field - goalkeepers and technical training
- ✓ Artificial grass field F11. 3G synthetic surface technology
- ✓ Certified LED lighting for sports practice
- ✓ 7 changing rooms completely equipped



RESTAURANT

- ✓ Available for everyday meals
- ✓ Food prepared with the guidance of a nutritionists
- ✓ Location with great view of the pitches
- ✓ Relaxing terrace



RESIDENCY

- ✓ Rooms with a single or double bed, bathroom, air conditioner, TV and wardrobe included.
- ✓ Professional and semi professional players rooms
- ✓ Cleaning service and laundry.
- ✓ 24 hours security, cameras and video surveillance system.



GYM

- ✓ Sports gym for players.
- ✓ Equiped with fitness machines and technology.
- ✓ Physical trainer support for personalized routines if needed.



SPORTS CLINIC

- ✓ Clinic area ready for any injury or problem that might occur.
- ✓ Partnership with 2 clinics of the area to offer the best medical service.



STUDY AND MEETING ROOMS

- ✓ Study room oriented to academic responsibilities
- ✓ Open lounge available for academic purposes



PLAY ROOM

- ✓ Table tennis and pool tables.
- ✓ TV screen with wide range of channels and transmission of all football and sports games.
- ✓ Relax room with sofas and TV screen.



SWIMMING AND RECOVERY POOLS

- ✓ Located beside the natural Grass pitch, used for leisure and recovery.

FOOTBALL PROGRAM



Boys and girls
14 to 22 years old



Improve football skills
with high-performance
quality



January 6th -February 8th
Choose 1 or several weeks

WEEKLY PROGRAM

- ✓ 16 training sessions
- ✓ Physical training
- ✓ Anthropometric data
- ✓ Video Analysis
- ✓ Workshops
- ✓ Coach interviews

METHODOLOGY

- ✓ The player as the principal character of the development
- ✓ Adapted to each player's age and level

Nutrition and Sports
Psychology

Injury prevention and
recovery



Individual and team
training

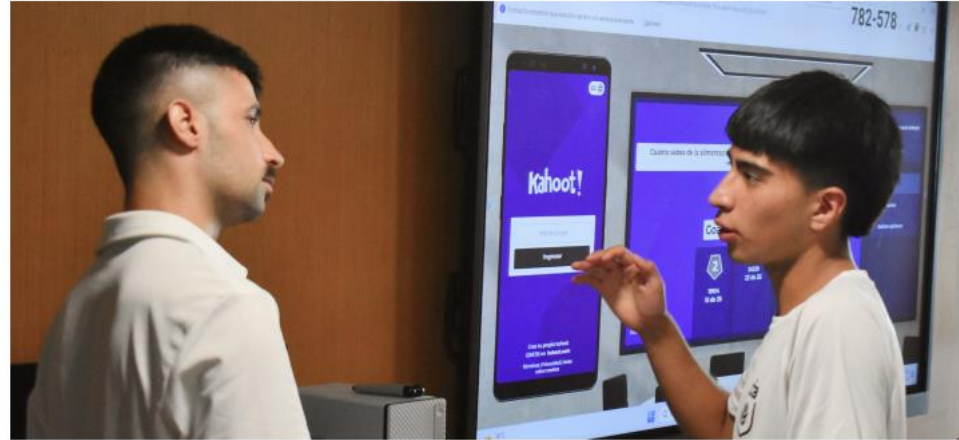
Physical training
and education

Video Analysis

PHYSICAL TRAINING



NUTRICIONIST



VIDEO ANALYSIS



WORKSHOPS



SIA STAFF

COACHES

- ✓ Coaches with UEFA PRO licences
- ✓ Bachelors in physical activity and sports
- ✓ Trainings in english and spanish
- ✓ Experience in first division european clubs

SPORTS SPECIALISTS

- ✓ Physical Trainer
- ✓ Nutritionist
- ✓ Sport Psychologist
- ✓ Physioterapist
- ✓ Sports Clinic and Doctor

RESIDENCY

- ✓ Academy Director
- ✓ Residency Coordinator
- ✓ 24/7 Academy tutors



SCHEDULE

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8:10H – 8:30H	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
8:30H – 9:00H	PERSONAL HYGIENE & ROOM ORGANIZATION						
9:00H – 10:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TEAMS COMPETITION	
10:30H – 11:00H	SNACK						
11:00H – 12:30H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	PLAYERS CHECK-OUT	
12:30H – 13:30H	POOL	POOL	POOL	POOL	POOL	WEEKEND ACTIVITY & BREAK	
13:30H – 14:00H	LUNCH TIME	LUNCH TIME	LUNCH TIME	LUNCH TIME	LUNCH TIME		
14:00H – 15:30H	BREAK						
15:30h – 16:15h	NUTRITION CLASS	WORKSHOP	COACH INTERVIEWS	VIDEO ANALYSIS	LUDIC ACTIVITY		
16:15H – 17:00H	ACADEMY TOUR			PSYCHOLOGY			
17:00H – 17:30H	SNACK						
17:30H – 19:00H	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TRAINING SESSION	TEAMS COMPETITION, CLOSING CEREMONY		
20:00H – 20.30H	GAMES - LEISURE						
20:30H – 21:30H	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME	DINNER TIME		
22:30H	ROOM AND REST TIME						

Example of a weekly schedule, could vary according to the academy considerations.



PROGRAM AND FEES

FOOTBALL PROGRAM

- ✓ Football program from Monday 8:30 am to Saturday 12:00 pm
- ✓ 16 Training Sessions
- ✓ 2 Training Kits
- ✓ SIA Academy Facilities
- ✓ Tutors 24 hours / day
- ✓ Certificate of Completion

ACCOMODATION

- ✓ Full board
- ✓ Double Rooms
- ✓ 5 Meals Included
- ✓ Laundry service
- ✓ Room Cleaning

EXTRA SERVICES

Extra night or day after campus	75€
Valencia Airport pick up	120€
Valencia Airport drop off	120€
Alicante Airport pick up	200€
Alicante Airport drop off	200€

PROGRAM AND FEES

FEES PER WEEK

1 WEEK	995€
2 WEEKS	2090€
3 WEEK	3150€
4 WEEKS	4200€
5 WEEKS	5200€

DATES

- January 6th – 11th
- January 13th – 18th
- January 20th – 25th
- January 27th – February 1st
- February 3rd – 8th

IMPORTANT INFORMATION

- ✓ The weeks are from Monday to Saturday, in case of choosing 2 consecutive weeks, it will be from Monday to the following Saturday, therefore, Saturday afternoon to Sunday between the 2 weeks would be included.
- ✓ In case you want to contract more than 2 weeks, please contact us by phone or email.
- ✓ *10% discount for former participants or for siblings
- ✓ **Non-cumulative discounts

CANCELATION POLICY

- ✓ There is no rights to refund.
- ✓ In case the participant is unable to attend the program, they will be able to exchange it with another campus organized by Soccer Inter-Action.
- ✓ The organization is exempt from any responsibility regarding the health condition of the participant, since Soccer Inter-Action will ensure the correct compliance of the stipulated protocol.



All our information was carefully selected and provided from
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We are at your disposal for any inquiries.

